

Decision Guide - What if I Stoic methodology (focus on what we control)

Find the detailed methodology: <https://www.eponine-pauchard.com/en/2021/08/what-if-we-started-making-better-and-bolder-decision/>

Decision to make: What if I ...

Risk / fear	Prevention	Recovery

--	--	--

If I reach my goal, even partially, then

If I do nothing, where will I be in

6 months :

1 year :

3 years :

We suffer more in imagination than in reality. – Seneca

When you make easy choices, life becomes hard ; when you make hard choices, life becomes easy – Robert T. Kiyosaki

Split what I can control from what I can't control - Stoicism